

Date: _____

PATIENT INTAKE FORM

NAME: _____ AGE: _____ GENDER: _____

TEL: _____ EMAIL: _____

ADDRESS: _____

FAMILY PHYSICIAN INFORMATION: NAME: _____

ADDRESS: _____

TEL: _____ FAX: _____

PRESENT COMPLAINT

WHAT IS YOUR MEDICAL CONDITION? _____

HOW LONG HAVE YOU HAD THIS CONDITION? _____

WHAT MAKES IT WORSE? _____

WHAT MAKES IT BETTER? _____

WHAT ACTIVITIES CAN YOU NO LONGER DO BY YOURSELF BECAUSE OF YOUR CONDITION? (eg. banking/groceries/laundry/bathing yourself) _____

SYMPTOMS ASSOCIATED WITH YOUR PRIMARY CONDITION: (Level 1 = not severe, Level 5 = very severe)

	1	2	3	4	5
MUSCLE SPASM	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
MOBILITY	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
HEADACHE	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
NAUSEA/VOMITING	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
LOW ENERGY	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DIARRHEA	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CONSTIPATION	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
ANXIETY	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DEPRESSION	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
POOR CONCENTRATION	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DIFFICULTY SLEEPING	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
WEIGHT LOSS	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
LOSS OF APPETITE	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

OTHER: _____

(office use)

CURRENT MEDICATIONS + DOSAGES:

MEDICATIONS USED IN THE PAST FOR YOUR CONDITION:

HAVE YOU HAD MEDICATION SIDE EFFECTS?

NO YES, explain: _____

ALLERGIES: _____

WHAT THERAPIES HAVE YOU TRIED?: (Level 1 = not effective, Level 5 = very effective)

- | | | | | | |
|------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| | 1 | 2 | 3 | 4 | 5 |
| THERAPEUTIC INJECTIONS | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| PHYSIOTHERAPY | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| CHIROPRACTIC | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| MASSAGE | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| ULTRASOUND | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| ELECTRICAL STIMULATION | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| LASER | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| ACCUPUNCTURE | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| PSYCHOTHERAPY | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

(office use)

OTHER: _____

OTHER MEDICAL PROBLEMS (unrelated to today's visit)? (eg. high blood pressure, diabetes, etc.)

OPERATIONS :

PAST PSYCHIATRIC HISTORY:

HAVE YOU **EVER** SEEN A PSYCHIATRIST FOR A MENTAL HEALTH ISSUE?

- NO YES, MOST RECENT VISIT:
- within last month
 1-6 months ago
 6-12 months ago
 greater than 1 year ago
- REASON FOR VISIT:
 ANXIETY
 DEPRESSION
 PSYCHOSIS
- SCHIZOPHRENIA
 SUBSTANCE ABUSE
 BIPOLAR
- OTHER: _____

HAVE YOU **EVER** BEEN HOSPITALIZED FOR A MENTAL HEALTH CONDITION?

NO YES

DO YOU HAVE A BLOOD RELATIVE WITH A HISTORY OF MENTAL HEALTH CONDITION?

NO PSYCHOSIS SCHIZOPHRENIA OTHER: _____

OPIOID SCREENING TOOL:

(circle the most relevant below answer, if "NO", then do not circle)

- Has anyone in your family had a history of substance abuse?
- YES – alcohol abuse
- YES – illegal drug abuse
- YES – Prescription drug abuse
- Have you personally had a history of substance abuse?
- YES – alcohol abuse
- YES – illegal drug abuse
- YES – Prescription drug abuse
- Are you between the ages of 16 and 45? YES
- Do you have a history of preadolescent sexual abuse? YES
- Have you ever been diagnosed with.....? (circle the diagnosis)
- ADD, OCD, bipolar, schizophrenia
- Depression

	FEMALES	MALES
1		3
2		3
4		4
3		3
4		4
5		5
1		1
3		0
2		2
1		1

0-3 L, 4-7M, ≥8 H

CANNABINOID HISTORY:

HAVE YOU USED MARIJUANA IN THE PAST? NO RECREATIONALLY MEDICALLY

HAVE YOU USED SYNTHETIC MARIJUANA? (eg Nabilone, Cesamet, etc.) NO YES

SIDE EFFECTS? "HIGH"/EUPHORIA DRY MOUTH INCREASED APPETITIE

HOW OFTEN DO YOU USE MARIJUANA?

EVERY DAY 1-2 DAYS PER WEEK 3-4 DAYS PER WEEK 5-6 DAYS PER WEEK

HOW MANY GRAMS PER DAY?

LESS THAN 1 GM/DAY 1-3 GM/DAY 3-5 GM/DAY MORE THAN 5GM/DAY

METHOD OF CONSUMPTION: SMOKE VAPE OILS EDIBLES LOTION

HOW LONG HAVE YOU BEEN USING MARIJUANA?

LESS THAN 1 YEAR 1-3 YEARS 4-5 YEARS 6-10 YEARS 11-20 YEARS >20 YRS

IS CANNABIS YOUR MOST EFFECTIVE MEDICATION FOR YOUR CONDITION?

NO YES

HAS MARIJUANA HELPED LOWER THE DOSE OF OTHER MEDICATIONS?

NO YES, EXPLAIN: _____

HAVE YOU TAKEN A BREAK FROM USING MARIJUANA?

NO YES

IF YES, WHAT HAPPENED? _____

DO YOU SMOKE? NO LESS THAN 1 PACK/DAY MORE THAN ONE PACK PER DAY
 QUIT (_____YEARS AGO)

HOW MUCH ALCOHOL DO YOU DRINK IN A WEEK? NONE

OCCASIONALLY 1-3 PER WEEK 4-5 PER WEEK 5-7 PER WEEK MORE THAN 7

SOCIAL HISTORY:

MARITAL STATUS? _____

WHO LIVES AT HOME WITH YOU? _____

DO YOU HAVE CHILDREN? _____

HOW DO YOU FINANCIALLY SUPPORT YOURSELF?

WORK, OCCUPATION: _____

ODSP CPP DISABILITY OLD AGE SECURITY RETIRED PRIVATE INSURANCE

HOBBIES: _____

GOALS OF THERAPY: _____

RX:

F/U: